

I RAN FROM THE COPS

5th ANNUAL 8K RUN/1.5K HEALTH WALK/RUN July 4, 2009 Summerfest

Entry Fee \$20 (includes T-shirt)

Plaques for top male and female finishers
Ribbons for top 6 males and females in each division
Registration 7:30 AM

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Race starts at 8:30 am

SIGN ME UP! I want to run from the cops on the Fourth of July!

Name (please p	rint)				
Age	Ci	rcle One:	Male	Female	
Circle One:	Circle One: 8K Run		1.5 Health Walk/Run		
Address					
City/State/ZIP					
Phone #					
E-mail address					
Are you representing a company or organization?					
Circle one: YES NO					
If yes, company/organization name:					
AGE DIVISION Circle one division below:					
6 & Under	7-10	11-14	15-19	20-29	
30-39	40-49	50-59	60-69	70 & Over	
In registering for the "I Ran From the Cops" 8K Run or 1.5K Walk/Run (Event), I acknowledge that no insurance is provided and I assume liability and responsibility for any cost relating to any accident or injury that might occur while participating in the Event. Furthermore, I agree to save and hold harmless the Centralia Police Officer Association, Thorbecke's Fitlife Center, and the City of Centralia, their agents, employees and any volunteers from any liability, damages or expanses in any way to the participants of the Event. Signature (REQUIRED):					
	Mail or drop off completed applications to				

Centralia Police Dept., 118 W Maple St, Centralia WA 98531

8K Fun Run

Ready...

Set...

Go!

Join in the fun! The Centralia Police Officer Association's Summerfest Run is a flat, fast 8K Run. Lead the chase on the 8K, or relax and enjoy the scenery and beautiful surroundings by participating in the 1.5K Health Walk/Run. This race is for everyone.

Free T-shirt for all participants!

Special awards for the heroes!!

DON'T WAIT—SIGN UP TODAY!

The Course

The event begins at Thorbecke's main entrance in Borst Park. The course leads out past the ball fields and then turns north on Bryden. It then turns west on Mt. Vista and north onto Eshom Rd. The course turns east on Galvin, south on Harrison, west on Russell Rd., south on Scheuber, east on Mt. Vista, south on Bryden and back past the ball fields and finishes where the race began. The 1.5K Health Walk/Run follows the same course out to Mt. Vista and then returns via Borst Ave. to the finish area.

Sponsored by



and



CENTRALIA POLICE OFFICER ASSOCIATION

P. O. Box 609 Centralia, WA 98531

Event Coordinator
Jim Kostelecky—Thorbecke's Fitlife Center
736-1683 or 736-1016
jshannon@cityofcentralia.com

All proceeds support Centralia Police Officer Association programs (Shop With A Cop, Scholarship Fund and others)



5th Annual Centralia Police Officer Association's

"I RAN FROM THE COPS"

Summerfest 8K Run 1.5K Health Walk/Run



